

## PAINFUL ATMOSPHERE Nb 10

*Ecoline painting on a canson paper*

Alice Girard

### As Alice was

Pain score: 59 / 100 pts



SHE started by using a bed hoop in order to avoid the contact of the covers on her foot. SHE started dragging her crushes along with her again, wherever SHE went, to reduce the strain on her right forefoot which couldn't bear any touch nor movement. Her sleep was not interrupted 4 to 6 times per night anymore.

### how she is becoming . . .

Pain score: 8 / 100 pts



Between twilight and dawn, the expectation of the delivrance of daylight seems eternal. Finally, after 692 nights, SHE sleeps through again, like a newborn child surrenders with trust. It happened, although SHE didn't believe in it anymore. The energy brought by regain of sleep allows her to discern.

**On the next page, you will find more to read about this patient**

**NO COMMENT Nb 38**

To MDs  
To patients

To neuroscientists  
To therapists

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Alice Girard is a 16-year-old woman sent to the Somatosensory Rehabilitation Centre **20 months** after a lateral malleolus fracture of the right ankle.

**Neuropathic condition:** CRPS of right intermediate terminal branch of superficial peroneal nerve with static mechanical allodynia (stage V of Aβ axonal lesions).

	t <sub>0</sub>	t <sub>7</sub>	t <sub>52</sub>	t <sub>87</sub>	t <sub>113</sub>	t <sub>???</sub>
<b>Rainbow Pain Scale</b>	<b>BLUE</b>	<b>BLUE</b>	<b>BLUE</b>	<b>VIOLET</b>	Underlying tactile hypoesthesia	
<b>Wake-up / night (nb)</b>	<b>4 - 6</b>	2 - 4	2 - 3	0 - 1	<b>0</b>	???
<b>McGill Pain Questionnaire (pts)</b>	<b>59</b>	42	23	14	<b>8</b>	???
<b>Static two-point discrimination test (mm)</b>	∅				48	???

**Table I:** Decrease of the McGill Pain Questionnaire score is correlated with disappearance of the static mechanical allodynia and then with the presumed (???) decrease of the underlying tactile hypoesthesia (static two-point discrimination test).

Take a look at the Pain Atmosphere Nb 10 at the previous page.